Patient ID Sticker

Bowel/Urinary Symptom Diary

Date range from _____ to _____

Centers for Gastroenterology
Specialists in Digestive Health
Loveland Office: (970) 669-5432

Date	Time	AM or PM	B=Bowel U=Urinary G=Gas	Stool Description	Urgency 1 – 5 5 = most Urgent	Incident Description (See Below)	Accident Y/N	Amount Slight/ Moderate/ Heavy	Support Pads/ Depends	Notes

Use these numbered drawings and incident descriptors to fill in the above.

Bristol stool chart

- Type 1 Separate hard lumps, like nuts (hard to pass)
- Type 2 Sausage-shaped, but lumpy
- Type 3 Sausage-shaped, but with cracks on surface

- Type 4 Sausage or snake like, smooth and soft
- Type 5 Soft blobs with clear-cut edges (easy to pass)
- Type 6 Fluffy pieces with ragged edges, mushy
- Type 7 Watery, no solid pieces (entirely liquid)

Notes: Use this field to describe any issues or events that do not fit into the proceeding categories.

Type: B = Bowel U = Urinary G = Gas (Note all that apply)

Incident Description: 1 = Started before reached toilet 2 = Leakage only 3 = Could not make it to toilet

Support: # of Pads or D = Disposable incontinence underwear

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